

Preparing your hearts and your lives for your new child Educational Seminar - Beyond pride

Do you want to prepare for a smooth transition for you and your new child?

To learn how to cope with potential adjustments that your child might experience?

To understand the future needs of your child?

Come and learn all this and so much more...

- A review of all the different adoption processes and options
- Positive adoption language
- Adjustments of children: food, language, sleeping, other children, extended family, pets, etc.
- Understanding open adoption relationships (or impacts if no contact)
- Preparing for being 'different' - issues related to mixed racial adoptions
- How to talk to your child about adoption
- Growing up adopted - presentations by adult adoptees & parents
- How to answer questions from friends and family - privacy vs secrecy

EVENT DATE:

Saturday
September 28, 2019
Toronto

10:00 a.m. – 3:00 p.m.

Registration Fee:
\$125 per person

Lunch & refreshments
Free parking

For further information and to register...

Contact:
Sofie Stergianis

adoption@rogers.com
416-483-0003

www.adoptioneducation.ca



Sofie Stergianis, MSW, RSW

About the presenter:

Sofie Stergianis, MSW, RSW is a private adoption professional who has worked in the field of adoption since 1981.

Sofie is an experienced trainer, and her adoption seminars are based on years of accumulated knowledge in child welfare, international adoption and private domestic adoption. She is also the co-author of the children's book entitled: *"What is Adoption? Helping Non-Adopted Children Understand Adoption"*, which has sold worldwide, as well as the newly released book: *"Embrace Your Fertility...Empowering You With Tools To Help You Succeed"*.

In her personal life, Sofie is a parent through adoption, and her son, adopted at birth, is now a young adult.